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NAGALAND

Students sensitised on harmful effects of tobacco



By EMN

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Students of CMHSS during the tobacco awareness programme on November 2.

Dimapur, Nov. 2 (EMN): National Tobacco Control Programme (NTCP), Phek, has conducted an awareness and sensitisation programme on the harmful effects of tobacco at Christian Mission Higher Secondary School (CMHSS), Phek, on November 2 with Dr. Reyosalu Lase Vizo, District Nodal Officer (NTCP) Phek, as the resource person.

Through power point presentation, the resource person highlighted on the harmful effects of tobacco and the harmful chemicals contain in tobacco which causes cancer and are dangerous to health.

She stated that most patients suffering from oral cancer have history of tobacco consumption during adolescents. She added that tobacco is the single greatest preventable cause of death in the world today.

Presenting the tobacco statistics, Dr. Lase stated that Nagaland has the highest percentage of consumption of smokeless tobacco and ranked second in tobacco consumption.

The resource person called upon the students not to indulge in the habit of consumption of tobacco which is harmful to the body as it contains more than 7000 harmful chemicals, several of which can cause cancer.

Leaflets on the harmful effects of tobacco were handed out to the participants.



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