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Tobacco dangers present and clear: Experts



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BHOPAL: It is statistic that state wonât feel happy about. The state has the highest incidences of oral cancer with nearly 33.6% of population addicted to one form of tobacco consumption or other. The risks associated with it âhealth-wise, economic or social--were highlighted at a seminar in the Vidhan Sabha in the city on Tuesday. According to the Union health ministry, an estimated 2 crore people in the state are addicted to tobacco or its allied products. By the World Health Organisation (WHO) estimates, of 2 crore people 33% or 66 lakh people would die prematurely. âHigh risks from smoking or tobacco chewing surprised us,â said Voice of Tobacco Victims director Dr P C Gupta. âMadhya Pradesh is an extremely important state because of consumption of tobacco and tendu patta,â he added.

Vidhan Sabha Speaker Ishwar Das Rohani, minister of state for medical education Mahendra Hardia, water resources minister and environment Jayant Mallayya and agriculture minister Ramkrishna Kusmaria were among those present. The New England Journal of Medicine study shows smoking accounts for 9 lakh deaths in a decade in India. âDeath is caused due to tuberculosis by smoking in rural areas and smoking leads to heart attacks in the urban areas,â said Tata Memorial Hospital associate professor Dr Pankaj Chaturvedi.

Smoking âhidieâ (rolled tohacco) ie likely to reduce life enan by 6 years in males and 8 years in females. Cigarette emoking in

males could take away 10 years from their life, the researchers estimate. The difference is probably due to lower tobacco content in bidis, they explain. The study found that among men, about 61% of those who smoke may die between 30-69 years of age compared with only 41% of non-smokers. Among women, 62% of those who smoke may die between 30-69 years of age compared to only 38% of non-smokers.

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