

[WEATHER](#) [MP ELECTIONS](#)

[CITY NEWS](#) /

[INDORE NEWS](#) /

Kick Cigarette Butt On TB Day, Doctors Advise

- TRENDING**
- [Jaipur Mumbai Train Shooting](#)
 - [Delhi Weather Today](#)
 - [Manipur Violence](#)
 - [Mumbai Weather](#)
 - [Sharad Pawar](#)
 - [Delhi Girl Murder](#)
 - [Jaipur Mumbai Train Shooting](#)
 - [Delhi Weather](#)

 THIS STORY IS FROM MARCH 25, 2012

Kick cigarette butt on TB Day, doctors advise

TNN / Updated: Mar 25, 2012, 11:35 IST

 SHARE

AA

FOLLOW US 

YOU'RE READING



Kick cigarette butt on TB Day, doctors advise

2

Develop innovative products that bring business impact...

3

Two killed in road accident

4

Stay focused on future farm needs: Expert

INDORE: Doctors on the [Tuberculosis day](#) urged people to quit [smoking](#) and other intoxicants as they increase the risk of the [TB](#) infection. Doctors say smoking affects lungs and increases chances of infections by 20% in people who smoke six cigarettes a day. Dr Sanjay Dixit, head of department, Community Medicine said, "Lungs TB is most common. Since smoking directly damages lungs, chances of developing TB infection are high in comparison to those who do not smoke." It is advisable to give up smoking and live a healthy life, he added. HIV infection is another reason of for TB. The infection reduces body immunity at which gives space to TB bacteria to damage organs, he added. In addition to these, irregular lifestyle and unhealthy food habits too increase the risk of infection, doctors say. Such habits affect children as they are at a higher risk of developing cervical gland TB. [Genital TB](#) in [women](#) and intestinal TB are two other common forms of the disease. "Healthy lifestyle coupled with balanced diet help decrease the chances of developing the disease," [Dr Vijay Chajjani](#), district TB officer said.

FOLLOW US ON SOCIAL MEDIA

VISUAL STORIES



10 cucumber-based dishes that are [Kajol shows how to look your stylish](#) [Tamannaah Bhatia's red pre-draped](#) [Best phones with top camera](#)
[nol salads](#) [best at 48](#) [saree exudes the right kind of bling](#) [feature under Rs. 20,000](#)
[Food](#) [india](#) [magic](#) [india](#)
[india](#)

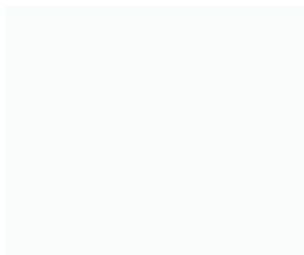
ELECTIONS

[Madhya Pradesh Elections](#) [Rajasthan Elections 2023](#) [Chhattisgarh Elections](#) [Telangana Election 2023](#) [Mizoram Elections](#) [Assembly Election 2023](#)

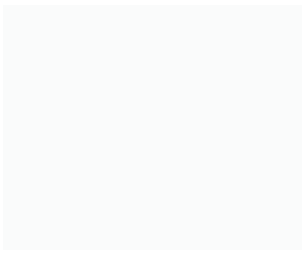
TOP TRENDS

[Delhi Rain](#) [Jaipur Mumbai Train Shooting](#) [Rains in Mumbai](#) [Parliament Monsoon Session](#) [England vs Australia Highlights](#) [Chandrayaan 3](#)

ADVERTISEMENT



ADVERTISEMENT



TRENDING STORIES

IN CITY
ENTIRE WEBSITE

- RPF jawan opens fire, kills 4 inside moving Jaipur-Mumbai train
- Chandrayaan-3 set for Aug 1 manoeuvre, will travel to Moon
- Manipur Violence News Live Updates: Supreme Court to hear M... video matter today video matter today
- Parliament Monsoon Session Live Updates: Amit Shah to introduce NC... Lok Sabha today Lok Sabha today

ADVERTISEMENT



ADVERTISEMENT



- [About us](#)
- [Create Your Own Ad](#)
- [Terms of Use and Grievance Redressal Policy](#)
- [Privacy policy](#)
- [Advertise with us](#)
- [RSS](#)
- [Newsletter](#)
- [Feedback](#)
- [ePaper](#)
- [Sitemap](#)
- [Archives](#)

FOLLOW US ON



OTHER TIMES GROUP NEWS SITES

- [The Economic Times](#)
- [Hindi Economic Times](#)

Navbharat Times
Maharashtra Times
Vijaya Karnataka
Telugu Samayam
Tamil Samayam
Malayalam Samayam
Ei Samay
I am Gujarat
Times Now
Times Now Navbharat
TimesPoints
Indiatimes
Brand Capital
Education Times
Times Food
Miss Kyra

POPULAR CATEGORIES

Headlines
Sports News
Business News
India News
World News
Bollywood News
Health & Fitness Tips
Indian TV Shows
Celebrity Photos

HOT ON THE WEB

Hormone Boosting Foods
Parenting Tips
Reduce Face Fat
Cucumber Dishes
Best Phone
Tamannaah Bhatia
Shah Rukh Khan
Bigg Boss OTT 2
Home Decorate tips
Best Phone Under 20000

TOP TRENDS

Delhi Rain
Jaipur Mumbai Train Shooting
Rains in Mumbai
Parliament Monsoon Session
England vs Australia Highlights
Chandrayaan 3
MLC Final Highlights
India vs West Indies
ITR Filing Last Date
Tony Ferguson
Sharad Pawar
Manipur Violence
Pakistan Bomb Blast
MLC 2023 Champions
Delhi Girl Murder Case
Rains in India
ITR Filing
India vs West Indies 2023

TRENDING TOPICS

Fat Food
Bro Collection
Keerthy Suresh
High Protein Food
Jacqueline Fernandez
Puja Joshi
Rocky Aur Rani Kii Prem Kahaani Collection
Daisy Shah
Relationships Tips
Palak Sindhvani
TV Celebs
Kiara Advani
Mouni Roy
Fardeen Khan
Nakuul Mehta
Ghee Benefits
Vivo Y55s
Laptops under 30000
WiFi Routers
Tablets under 15000

LIVING AND ENTERTAINMENT

Viral News
Viral Videos
Femina
ETimes
Grazia
Zoom
Travel Destinations
Bombay Times
Cricbuzz.com

[Filmfare](#)
[TV](#)
[Lifestyle](#)
[Longwalks App](#)
[Newspaper Subscription](#)
[Food News](#)
[Times Prime](#)
[Whats Hot](#)
SERVICES
[CouponDunia](#)
[Magicbricks](#)
[TechGig](#)
[TimesJobs](#)
[Bollywood News](#)
[Times Mobile](#)
[Gadgets Now](#)
[Careers](#)
[Colombia](#)